

Year 2 PSHE Medium Term Plan - Autumn



Theme: Relationships

Sub-themes:

Families and friendships

Safe relationships

Respecting ourselves and others

Core Substantive Knowledge	Key Vocabulary	Key Questions
Families and Friendships: Making Friends, Feeling Lonely, and Getting Help Children learn: - Qualities of a good friend - How friendships form and different ways people meet - Positive play strategies - Common causes of arguments and how to resolve them constructively - How to recognize loneliness or unhappiness in themselves or others - How and when to seek help for emotional wellbeing	Friendship, respect, feelings, honesty, emotions, arguments, disagreements, resolutions, emotions and positive relationships.	- How can I be a good friend? - How can I resolve an argument with my friends?
Safe Relationships: Secrets, Pressure, and Hurtful Behaviour Children learn: - To recognise hurtful behaviour, including online - What bullying is and how it affects people - Who to tell and what to do if they see or experience hurtful behaviour - The difference between safe surprises and worrying secrets - How to resist pressure to do unsafe or uncomfortable things - How to ask for help and use the right words when feeling unsafe or worried	Hurtful, bullying, anti-bullying, physical contact, internet, online, safe, worried, uncomfortable, help, trust.	- What do I do if someone is bullying me? - How do I ask for help if I feel unsafe or worried?
Respecting Ourselves and Others: Cooperation and Sharing Opinions Children learn: - What they share in common and how they differ from others - That friends can be similar or different - How to cooperate in play and group work - How to express ideas, listen, and take part in discussions respectfully	Similarities, differences, common interests, community, belonging. Cooperative learning, turn taking, sharing, listening, citizenship.	- What do I have in common with my friends? - Do we have the same interests? - How can I work well with someone else?